

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Sandy Ho Hip**

Has successfully participated & completed the

**5km Shift Wellness - Winter Wellness Trail Series**

held at Walter Sisulu Garden.

**TIME 00:53:17**

**PACE 10:39/km**

**OVERALL 20 of 41**

**GENDER 13 of 32**

**40 - 49 3 of 5**

21 July 2019, Sun

Date



*BoutTime*

Signature

